

MGFC

2011

HANDBOOK

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ACADEMIC REQUIREMENTS

Players of the soccer team are expected to maintain a C average in order to be considered eligible for season play. Players need to be making academic progress in their classes.

ATTENDANCE POLICY

1. If a student is unable to attend all classes and or school activities during the day, he/she will not be allowed to participate in the activity that day, except under the conditions stated in item # 5.
2. School initiated absences will be accepted and permitted.
3. A student may not participate in an extra curricular activity (practice or meet) if he/she has an unexcused absence for any class during the day.
4. If a student is suspended from any class, he/she may not participate in an extra curricular activity that day.
5. If a student is absent from school due to medical reasons, he/ she must present a medical statement from a physician or school health service specialist clearing the student for participation that day. The note must be presented to the coach/ advisor before the student participates in the activity.
6. Any student who will miss tryouts/practices at the beginning of the season should contact the head coach as soon as they are aware of a conflict. If the head coach is contacted and is aware of the situation they may be allowed to play after making up missed practice/training time.

MEDICAL CONCERNS

An athletic trainer can be found in the training room near the locker rooms or on the practice fields. His phone number is 763-391-8905 An athletic trainer will attend all home varsity games. (boys & girls)

If an athlete is seen by an MD for an injury they must have a note from MD to return to practice or competition. There are no exceptions to this rule.

AWARDS BANQUET

The Awards Banquet is held at the end of the soccer season. It is usually late October or early November. The purpose of the banquet is to bring parents, coaches, and players together to celebrate the soccer season. All teams are invited: Varsity, JV, Sophomore and Freshman. Special team awards are given, as well as, awards for all conference, metro and state players.

A dinner is held for players, parents, and other family members prior to the presentation of awards. The Banquet is a formal event; please dress accordingly.

BOOSTER CLUB

The Soccer Booster Club was formed to contribute to furthering soccer within MGSB and the Maple Grove Community. The Booster Club becomes involved in all fund raising and banquet coordination. We ask for fees at the beginning of the season, which are deposited in a Booster Club bank account.

You can email coordinators of the Booster Club with questions @ crimsonsoccer.com as well as register your email to receive emails during the season from coaches and Booster Club.

CAPTAINS PRACTICE

Captains' Practice is held 2 weeks before tryouts. The captains for the current soccer season conduct the practices. Practices are not mandatory. However, it does give both the players and captains valuable time together and helps condition the players for tryout week and the 3 mile run. Captains' practices are announced in the Osseo/Maple Grove Press and the Plymouth Sun Sailor and posted on the website crimsonsoccer.com.

COACHES ARE NOT ALLOWED TO RUN CAPTAINS PRACTICES.

CAPTAINS PARENTS

The captains of the varsity teams are announced at the banquet of the previous year. At that point the parents of the varsity captains will automatically become the coordinators of the Booster Club and various other fund raisers, banquets, and communications. However, this by no means excludes other parents from also coordinating. Help is always welcome. In the fall, when captains for the Jr.Varsity and other teams are chosen, those parents also will be coordinators for those respective teams.

TEAMS

4 teams. Generally we divide the teams as follows:

Varsity	12 th , 11 th , 10 th , 9 th , 8 th
JV	12 th , 11 th , 10 th ,
B Squad	10 th , 9 th , 8 th , (few 11 th or 12 th graders)
Freshman A	9 th , 8 th , 7 th

The coaching staff selects the teams. Teams may change throughout the year based on needs and skills. Players may be asked to play both up and down from team to team depending on team and individual needs, injuries, skills, and needs of the program.

COMPETITION STRUCTURE

Our conference is the **Northwest Suburban (NWSC)**. We play each team once for conference play. At the end of one round, the conference title is determined. The following teams are in our conference:

Maple Grove	Champlin Park	Andover
Elk River	Park Center	Centennial
Coon Rapids	Anoka	Armstrong
Osseo	Blaine	

Non-Conference play. These would be games against teams that are not in our conference. These games may be organized to give the team experience against

opponents we may meet in section play, teams that use to be in our conference or to round off the schedule. (St. Louis Park, Hill Murray, Irondale, Orono, St Paul Central, etc.)

All Varsity teams qualify for playoffs at the end of season. Playoffs are single round elimination. Section winners go on to state at the dome. We have always been in a very competitive section. Last year we once again made it to the section final but had to settle for the runner up spot. We were however section champs in both 2006 and 2007. The teams listed below are in our section 5AA. Coaches from each school seed the teams near the end of the season based on records and opponents played. #1 plays #8, #2 plays #7, etc...

Mounds View	Park Center	Champlin Park
Maple Grove	Centennial	
Osseo	Irondale	Spring Lake Park

CONDUCT

Appropriate behavior should be shown at all times by the players when they are traveling to and from the games. Inappropriate behavior will not be tolerated and will be dealt with in accordance with the District's Discipline Policy. Full details of this conduct policy can be found in the Maple Grove Senior High registration packet. Parents and fans should also show appropriate behavior. Hazing is not allowed.

EXPECTATION OF PLAYERS

- Let the coaches know when you are going to miss a practice or game. Provide a note from parents or physician as needed. **Three unexcused absences result in suspension from the team.**
- Bring a ball and scrimmage vest/prac. tshirt to all practice sessions.
- Wear shin pads at all practice sessions and games.
- Bring your own personal water bottle to all practice sessions and games.
- Be on time to all events.

FEES

There are two kinds of fees:

- Booster Club Fee we request \$80
- District Athletic Fee (\$180)

BOOSTER CLUB FEES—Pays for such things but are not limited to: coaching salaries, skills training during summer, goalie training during summer, uniforms, program t-shirts, costs associated team events, coaching clinics, training equipment needs, tryout # vests,

nets, and other soccer needs for the teams and fields.

District Athletic FEES—Pays for school related expenses such as coaching salaries, equipment, buses, field, coaches, refs, athletic trainer and administrative costs. These fees are collected by the school/district and are not available to the Booster Club.

FIELD LOCATIONS (MAPS)

Maps can be located by accessing the conference web site Northwest Suburban Conference: <http://northwestsuburbanconference.org>. This site should provide the most up to date information on where Varsity, JV, Sophomore, and Freshman games are held at each school within the conference. Follow the blue links for current maps and directions.

FUND RAISING

Fund Raising keeps the Booster Fee expense down and provides a way for all to participate. A major source of fund raising is selling concessions at all home games. Another source is selling signage in the stadium. Fund raising is the responsibility of all players and parents. Everyone's support is welcome.

- Advertising (selling signs in stadium)---individuals
- Car Wash- ----All players
- Concessions (parents)
- Brothers Meat Sale—everyone
- Cub Foods (all players over age 15)
- Noodles –everyone support

GAMES

Games for the following teams are as follows:

- Varsity - Tuesday, Thursday, either 5:00 or 7:00 p.m., and Saturdays
- Junior Varsity-Tuesday, Thursday 4:00 & some Saturdays
- Sophomore- Tuesday, Thursday 4:30 & some Saturdays.
- Freshman- Monday & Wednesday & Fridays 4:30
-

INDIVIDUAL SCHEDULES TO BE HANDED OUT BY COACHES TO THEIR RESPECTIVE TEAMS AT THE BEGINNING OF THE SEASON.

HOME games are at MGHS and away games are at the opponents' home fields.

Games last 40 minutes per half with a 10 minute half time.

LOCATIONS: Varsity and J. V. games are usually at the same site, i.e., home or away.
 Sophomore games are opposite site of Varsity and J. V.
 Non-conference games would not apply to the above.

Parents, family, and friends are welcome and encouraged to come to the games.

Varsity game admission fees go to the school, not the Booster Club.

Game admission is free for all players.

JUNIOR HIGH PARTICIPATION

Junior High participation is a very important part of the MGSB program. There is no soccer program for the junior high students. Therefore, junior high students will tryout for the MGSB teams. Many of the students make the teams.

LETTERING REQUIREMENTS

Attendance at all practice and games, unless arrangements are made with coach and parents. You must complete the season in good standing to receive your letter.

AND

Participation in the program for 3 years and be a senior and participate your senior year.

OR

Be placed on the Varsity roster and play in at least 5 games.

Final decisions on letters are determined by the coaching staff.

PARENTS

Parents are a vital part of a successful soccer program. Volunteering examples: concession stand sales, announcing or scoring at games, game setup, takedown, video recording, special events, selling signs or program ads, other fund raising, and banquet coordination.

PARENT REPRESENTATIVES

Parent representatives are selected from the junior varsity and sophomore teams. They are also the parents of the captains of the teams. They represent the team at any Booster Club meetings, and serve as the link to the team for any team communications when necessary. Others may become involved with the booster club as well as coordinators.

PRACTICE

Practice: Once teams are selected, practices are daily except when games are played. Practice times are set by the coaches from each team. Schedules should be given to each player from the individual coach. Schedules can also be found on crimsonsoccer.com

TRANSPORTATION

Transportation for practices or games for the junior high students is available at the junior high immediately after school. Shuttle buses get the players to the high school.

Inappropriate behavior on the shuttle bus by members of MGFC will not be tolerated.

The District also provides transportation to the away games. Before away games, buses may make a pickup at MGSB, MGJH, and OJH if needed. Players must ride the bus to away games with the team and also return on the bus.

TRYOUTS

Tryouts are held two weeks prior to the opening of school. They are usually three to four days long with at least 6 sessions. Preliminary teams are announced at the end of the four days. Tryout times and dates are advertised in the Osseo/Maple Grove Press and Plymouth Sun Sailor and posted on our website. The first day of tryouts will include the 3 mile run. Small sided scrimmages, 6v6, 8v8, conditioning, and full games are often included in tryouts.

GRIEVANCE POLICY The official grievance policy is covered in the material included in your registration packet. Basically, if you have concerns, questions, or issues to be discussed, please first contact the coach involved with the situation and include your son. If that discussion fails to address the issue, please arrange to see the head coach along with the coach of your son's team and the player. Further concerns can be directed to the athletic director.

Please be aware of the time and place you choose to discuss your concerns with the coaches. Coaches have responsibilities immediately after games with cleanup, buses, or may need to be going directly to another game or training.

Phone Numbers

Title	Person		Phone
Maple Grove High School			
Principal		W	763-391-8700
Athletic Director	Ron Zopfi	W	763-391-8730
Athletic Dept. Secretary	Barb Neumann	W	763-391-8731
Girls Varsity	Ben LeVahn	W	763-391-8700
Girls JV			
Girls Sophomore			
Girls Freshman Squad			
Boys Varsity Co-Head	Gregg Leininger	H	763-473-4454
		W	763-391-8820
		C	763-843-7183
Boys Varsity Co-Head	Chad Morse	C	612 384-0818
		W	763 391-8820
Boys B Squad	Justin Turner	H	612 719-2483
		W	
Goalie Trainer	Brad Lawinger	H	612-598-1468
Boys Freshman	Paul Trobiani	C	612-834-6434
Boys JV Squad	Vinnie Brooks	C	612-306-6156
		C	
Athletic Trainer	Brian Helmrick	W	763-391-8905