

MGSH CRIMSON BOYS SOCCER

www.crimsonsoccer.com

Coaching Staff

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Vinnie Brooks (JV)

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(B Squad)

Justin Turner (9th Grade)

612-719-2483

Brad Lawinger (Goalies)

Captains

Alex Niederloh

Senior

John Fox

Senior

Andrew Bunes

Senior

Captains Practice

- Location: Maple Grove Senior High
- Aug 2-Aug 6 and Aug.9-Aug.13
- 9:30am-11am

Booster Club

- Dars and Dawn Fox 763-494-4633
- Kathy and Todd Bunes 763-498-6580
- Kurt Niederloh 612-481-9800

Individual Emails and other booster member contacts can be found on web page under Booster Club

Program Expectations

All MGFC players are encouraged to participate in the following:

- Make positive behavioral choices
- Progress with summer fitness plan
- Give back to the program by helping out (fundraising, training, field/game prep, ball chasers at V level)

Alcohol/Drug Policy

MGFC and Maple Grove Senior High hold all student athletes to the highest level of behavioral and academic standards. Please refer to the Maple Grove Senior High student handbook for Drug and Alcohol and code of conduct policies.

Duluth Trip

- Monday August 22 and 23rd.
- Approximately 40 players made of Varsity and Junior Varsity pool.
- \$50 per player (covers hotel, bus, food, etc)

Tryouts

- Monday Aug 15 – Aug 20th
- Schedules are by grade (7-9 and 10-12) on www.crimsonsoccer.com (tryout link)
- Sat Aug 21st scrimmage (tryout, 20 players)

3 Mile Run

- Monday Aug 15
- Grades 7th-9th (26 min) and 10th-12th (23 min)

Summer Soccer Training

- Monday and Wednesdays 10:30am-12:00pm
- June 13th - June 29th
- July 11- - July 27th
- Maple Grove Senior High Stadium & fields North of High School.

Summer Soccer

- Please forward us your summer soccer schedules/tournaments.

Medical Clearance

- You must be cleared through the athletic office before you can step on the field for tryouts, which includes an up-to-date physical (good for 3 years). If you are not cleared by the first day of tryouts it speaks volumes about your reliability and dedication, plus it gives you less time to show your abilities. Please start process early.
- **Coach must have medical clearance card at first tryout or you cannot participate!!**

High School Eligibility Packets-

Completed packets are due to athletic office **BEFORE** start of tryouts; you **cannot** start try-outs without first completing this! Available towards the end of May at MGSB, MGJH & OJH.

- Need up-to-date physical (good for 3 years), \$ for participation, and all forms signed by you and a parent
- Can start bringing in *August 8--Aug.12th from 8-3:00* at MGSB Athletic Office

Schedule - V, JV, Soph games will primarily be on Tuesdays, Thursdays, Saturdays 4:00
9th Grade games will primarily be on Mondays, Wednesdays, and Fridays 4:00 or 4:30

Important Dates and Games (subject to change)

August

August 1st-12th: Captains Practice (Check www.crimsonsoccer.com and look in Osseo-MG Press in late July)

August 15-20: Tryouts held – Check www.crimsonsoccer.com for time details specific to grade.

August 13th Fundraiser Brothers Meats BBQ & Car Wash at Burger King

August 16th Stadium Scrimmages 7-10 pm

August 17th Campus Run 7-9pm

August 18: Picnic & Parent Meeting @ MGSB 5:30

August 20: Practice begins with teams (coaches will hand out practice schedule)

August 22-23: Varsity JV Trip to Duluth

August 24/25 : All team uniforms and pictures 8:00-12:00, practices to follow

August 25: Game vs. Orono 6pm Away (JV & B Squad away 4pm) (Freshman Home v Orono)

August 27th Game St Louis Park Home 7pm JV/ B Squad/9th grade vs St Louis Park home (5pm)

August 30 Varsity vs. Mound Home (B squad 4:30 home)

August 30th: Game vs. Champlin Park 7pm Away

September (practice every non-game weekday 3:30-5:00)

September 1: Fundraiser Cub Grocery bagging – 14 year and older)

September 2: practice (tbd)

September 5th Varsity Practice evening 6 pm

September 6: Game vs. Osseo 5pm Home

September 8: Game vs. Armstrong 5pm Home
September 10th Game Hill Murray Home 7pm JV Home 5pm Freshman Away HM 11am
September 13: Game vs Centennial Away 7pm
September 15: Game Park Center Away 7pm
September 17: Game Irondale 4pm Away JV 3:30 Away BSquad/Freshman Home 1pm
September 20: Game vs. Elk River Home 5pm
September 22: Game vs Blaine Away 5pm
September 25: Game vs. Mound Westonka Away 3pm (JV 1pm ?h/a)
September 27: Game vs Anoka 7pm Home
September 28: Game vs Andover 6pm Away

October

October 6: Game vs Coon Rapids Away 5pm
October 8: Game vs. St Paul Central 7pm Home (JV away 5pm home)
October 13: Section Quarterfinal (tentative)
October 20, 21 MEA practice on
October 15: Section Semi (tentative)
October 18: Section Final (tentative)

<i>Banquet Date</i>

- Thursday November 10th 2011 (Edinburgh Golf Course)
- Contact Kathy Bunes with any questions.
- Further information will be sent out later in season and posted through www.crimsonsoccer.com